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Friday 31st January

Children's Mental Health Week 3rd-9th February 2020

Dear Parents/Carers,

Schools in the Wallasey area are working together on an exciting project called Wellbeing 4 Wallasey, the purpose of which is to inspire our school communities to:

Learn to look after the whole of me

Reflect on ways to improve my physical and mental wellbeing

Grow together in our local and global community



In the Autumn Term, we took part in a competition to design the Wellbeing 4 Wallasey logo. The winner was selected by the Wallasey Headteachers and I am delighted to tell you that the winning design (pictured above) was created by St. Alban's pupil Lexie Ellis from class 14. Congratulations and well done Lexie.

On **Friday 7th February** we are having a wellbeing day in school and in return for a small donation our children can wear whatever makes them happy. The money raised will go towards funding a large event in the Summer Term to celebrate the ways Wallasey schools promote wellbeing and positive mental health.

Many thanks for your support,

Yours sincerely,
Mrs. A.T. Evans
Acting Headteacher